

### **VTCT COMPLEMENTARY THERAPIES Diploma Level 3**

Based on 40 workshop days the participant learns the principles and practise of Complementary Therapies.

The VTCT Level 3 Diploma in Complementary Therapies is a preparation for work qualification that has been designed to prepare you for a career as a complementary therapist, whether it be as an Aromatherapist, Reflexologist or Massage therapist/practitioner.

This qualification will develop your knowledge and understanding of the principles and practice and business practice for complementary therapies. Furthermore, you will learn about Human Anatomy, Physiology and Pathology.

You will also develop your understanding and practical skills to provide Body Massage, Aromatherapy and Reflexology. You may also choose to complete an additional unit which will develop your knowledge and understanding of healthy eating and wellbeing for the Complementary Therapy client. This is a practitioner level qualification.

Students generally complete coursework online using the vtct e-portfolio system with help from the tutor. then attend tuition and assessment and salon days. On completion of the course requirements the student will receive a VTCT Complementary Therapies certificate. Certificates are given upon satisfactory completion of the course criteria.

#### **CONTENTS OF COURSE**

##### **Units**

Provide body massage for complementary therapies

Provide reflexology for complementary therapies

Provide aromatherapy for complementary therapies

Principles and practise of complementary therapies

Knowledge of anatomy, physiology & pathology for complementary therapies

Business practise for complementary therapies

##### **Optional additional unit**

Healthy eating & well being for complementary therapies

**See coursebook for more details**

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<b>Course requirements</b>	<b>Course criteria</b>
<p>A suitable therapists uniform</p> <p>Massage oils and creams</p> <p>A set of 2 Large bath towels</p> <p>A set of 4 hand towels</p> <p>A set of 40 essential oils</p> <p>4 x textbooks</p>	<p>100 hours tutor led workshops</p> <p>9 observed practical assessment</p> <p>190 case study treatments</p> <p>Completion of homework and assignments.</p> <p>2 A &amp; P exam papers</p>
<b>Course cost</b>	<b>Course start dates</b>
<p>£1995 (payable in instalments if preferred)</p> <p>A deposit of £200 is required with your booking form to confirm your place on the course</p> <p>Deposits are non-refundable</p> <p>Exclusive of certificate/Assessment fees (£320)</p>	<p>Training takes place throughout the year please enquire</p>
<b>Course times</b>	<b>Course Venue</b>
<p>Workshop days generally run from ten until four, evenings are 6.30pm-9pm</p>	<p>Institute of Healing.</p> <p>10A Commercial Street, Halifax HX1 1TA</p> <p>(15 mins from M62 Junct.26)</p> <p>Tel. No 01422 649534</p>

