



SOOTHINGSCENTS
CHAKRA BALANCING & AROMA HEALING
Short Course Info

Based on three workshop days and one assessment day, the participant learns a unique healing therapy using Soothing Scents aromatic oils and creams.

The course is designed for holistic therapists who want to extend their skills and those who have an interest or experience in healing and would like to learn more.

Course options

1. Weekdays
2. Weekends
3. Evenings

Course requirements

1. 20 hours of Guided Learning
2. A practical assessment
3. Completion of 6 case study treatments
4. Completion of a 1000 word essay on a topic related to healing.

Students must demonstrate sufficient knowledge of theory & practice of the subject.

Certificates are given upon satisfactory completion of the course requirements.

Course cost - £395 (exclusive of certificate and assessment fees)

A deposit of £100 is required with your booking form to confirm your place on the course .

Deposits are non-refundable

Course start dates - Training takes place throughout the year please enquire

Course times -Workshop days generally run from ten until four, evenings are 6.30pm-9pm

Course Venue – Institute of Healing, 10A Commercial Street, Halifax HX1 1TA



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CONTENTS OF COURSE

DAY ONE - INTRODUCTION TO HEALING	DAY TWO - CHAKRA BALANCING
<ul style="list-style-type: none"> • Course introduction • About the auric field • creating a space for healing • Introduction to healing oils • Auric cleansing, protection and grounding 	<ul style="list-style-type: none"> • Chakra cleansing techniques • Sensing the chakras & aura • About chakra balancing oils • Chakra Balancing treatment
DAY THREE - AROMA HEALING	DAY FOUR - ASSESSMENT DAY
<ul style="list-style-type: none"> • About Aroma healing • Using healing creams within the auric field • Aroma healing routine • Consultation guidelines 	<ul style="list-style-type: none"> • Practical routine assessment • Case study & portfolio guidelines • Legal requirements for therapists • Further training options

About the tutor – Lizzy Halbert is Manager of the Institute of Healing in west yorkshire and principal of the Soothing Stones School of Crystal healing. An experienced and passionate workshop leader and holistic therapist she has developed a stimulating, yet pleasant and relaxing therapy combining chakra healing with aromatherapy

About the products – Soothing Scents healing oils, sprays and creams are pre-blended aromatherapy products created for holistic therapy treatments. The oils provide a therapeutic medium for healing as well as smelling great!



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BOOKING FORM

Name

Address

Postcode.....

Telephone

E-mail

Holistic Therapy Quals. if any

Date of Birth.....

I wish to attend the Soothingscents course in Chakra Balancing and Aroma Healing. I enclose a deposit of £100 (please circle) .

Start date

Venue

Option WEEKDAYS/WEEKENDS/EVENINGS/RESIDENTIAL (please circle)

SignatureDate.....

Please make cheques payable to Institute of Healing and send to venue address