



**SOOTHINGSCENTS**  
**INDIAN HEAD MASSAGE**  
**Short Course Info**

Based on three workshop days and one assessment day, the participant learns how to perform Indian head massage with and without oils and develops their knowledge in health & safety and client care.

Students may use the vtct website e-portfolio to submit and complete their work

The course is designed for holistic therapists who want to extend their skills and those who have an interest or experience in holistic therapies and would like to gain a professional certificate.

**Course options**

1. Weekdays
2. Weekends
3. Evenings

**Course requirements**

1. 20 hours of Guided Learning
2. 3 x practical assessments
3. Completion of 9 case study treatments
4. Completion of an external paper

Students must demonstrate sufficient knowledge of theory & practice of the subject.

Certificates are given upon satisfactory completion of the course requirements.

**Course cost** - £295 (exclusive of assessment and certificate fees)

A deposit of £100 is required with your booking form to confirm your place on the course.

Deposits are non-refundable

**Course start dates** - Training takes place throughout the year please enquire

**Course times** -Workshop days generally run from 10 am-4pm, evenings are 6.30pm-9pm

**Course Venue** – Institute of Healing, 10A Commercial Street, Halifax HX1 1TA



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**CONTENTS OF COURSE**

<b>DAY ONE - INTRODUCTION TO IHM</b>	<b>DAY TWO – PROVIDE IHM</b>
<ul style="list-style-type: none"> <li>• Course introduction</li> <li>• Course requirements</li> <li>• History of IHM</li> <li>• Effects and benefits</li> <li>• Safety</li> <li>• IHM routine without oils</li> </ul>	<ul style="list-style-type: none"> <li>• IHM treatment routine with oils</li> <li>• Use of oils and products in IHM</li> <li>• Chakras</li> <li>• Client care and communication</li> <li>• Anatomy and physiology</li> </ul>
<b>DAY THREE -</b>	<b>DAY FOUR - ASSESSMENT DAY</b>
<ul style="list-style-type: none"> <li>• Consultation guidelines</li> <li>• Case study guidelines</li> <li>• Portfolio building</li> <li>• Assessment 1</li> </ul>	<ul style="list-style-type: none"> <li>• Practical routine assessment 2</li> <li>• External paper</li> <li>• Legal requirements for therapists</li> <li>• Further training options</li> </ul>



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**BOOKING FORM**

Name .....

Address .....

Postcode.....

Telephone .....

E-mail .....

Holistic Therapy Quals. if any .....

Date of Birth.....

I wish to attend the Soothingscents course in Indian head massage. I enclose a deposit of £100.

Start date .....

Venue .....

Option WEEKDAYS/WEEKENDS/EVENINGS/RESIDENTIAL (please circle)

Signature .....Date.....

Please make cheques payable to Institute of Healing and send to venue address