

### **VTCT BODY MASSAGE Diploma Level 3**

Based on 20 workshop days, the participant learns the principles and practise of Body Massage and Anatomy and Physiology of the body.

The course is suitable for anyone interested in holistic therapies and learning practical skills, particularly those who have an interest in how massage treatments affect general health and well-being.

Students complete the coursework online using the vtct e-portfolio system with help from the tutor. then attend tuition and assessment days. On completion of the course requirements the student will receive a VTCT Body massage certificate. Further units can be added to complete the Complementary Therapies Diploma.

#### **Course options**

- Weekdays\*Weekends\*Evenings
- Residential (add £60 per night to cost of course for B & B)

#### **Course requirements**

- 45 hours tuition
- 3 observed practical assessment
- Completion of 30 case studies
- Completion of homework and assignments.

Certificates are given upon satisfactory completion of the course requirements.

**Course cost** - £1195 ( payable in instalments if preferred.)

A deposit of £150 is required with your booking form to confirm your place on the course.

Deposits are non-refundable

**Course start dates** - Training takes place throughout the year please enquire

**Course times** -Workshop days generally run from ten until four, evenings are 6.30pm-9pm

**Course Venue** –Institute of Healing, 10A Commercial Street, Halifax HX1 1TA

#### **CONTENTS OF COURSE**

**See coursebook for more details**

#### **Units**

Provide body massage for complementary therapies

Principles and practise of complementary therapies

Knowledge of anatomy, physiology & pathology for complementary therapies

Business practise for complementary therapies

#### **Optional additional unit**

Healthy eating & well being for complementary therapies